

Carrot Raisin Salad | Makes 6 (1/2 cup) Servings

Ingredients

- 2 cups shredded carrots (about 4 carrots)
- 1/2 cup raisins
- 2 tablespoons low-fat mayonnaise or salad dressing
- 2 tablespoons plain yogurt or orange juice

Directions

1. 1. Combine carrots and raisins in a serving bowl.
2. Mix low-fat mayonnaise or salad dressing with yogurt or orange juice.
3. Pour mixture over carrots and raisins and chill until serving time.



Recipe adapted from: Food Hero
<https://foodhero.org/recipes/carrot-raisin-salad>



Funding is provided by the Pennsylvania Department of Health through the Preventive Health and Health Services Block Grant from the Centers for Disease Control and Prevention.

feedingpa.org/pa-healthy-pantry-initiative/snap-ed-approved-resources/

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